North Monterey County Unified School District

POSITION DESCRIPTION

Position Title: Athletic Trainer

Department: N/A

Reports To: Athletic Director and/or Athletic Administrator

SUMMARY:

Under the direction of the Principal, Head Coach, Athletic Administrator and Athletic Director, this position has the responsibility to assume the responsibility and obligation of establishing and maintaining an athletic training program, in all sports.

The following statements are intended to describe the general nature and level of work being performed. They are not intended to be construed as an exhaustive list of all responsibilities, duties, and skills required of personnel so classified.

SAMPLE DUTIES AND RESPONSIBILITIES:

- 1. Be responsible for prevention, emergency care, first aid, evaluation, and rehabilitation of injuries to athletes under his/her care.
- 2. Serve as liaison between the team physician, the athlete, the athlete's parents, and coaching staff.
- 3. Consultant to coaching staff on conditioning, nutrition, and protective equipment.
- 4. Assist with prevention of injuries including education for athletes and student trainers, identifying factors that put athletes "at risk", correcting deficiencies in athletes as deemed necessary, as well as taping and bracing.
- 5. Provide emergency care and first aid including availability of necessary equipment, communication procedures for emergency situations, and prompt, accurate triage.
- 6. Evaluate acute and chronic injuries and refer to the team physician or specialist where appropriate.
- 7. Help decide if a player may return to competition following an injury.
- 8. Treat athletic injuries with protection, rest, ice, compression, evaluation, support, ultrasound, electrical stimulation, cold/heat/ and hydrotherapy as needed or prescribed with the availability of modalities.
- 9. Develop, supervise, evaluate, and modify individual exercise programs for rehabilitation to help athletes return to a pre-injury status.
- 10. Maintain records including injury reports, home care instructions, referrals, treatment records, rehabilitation progress notes, and insurance information.
- 11. Secure training room equipment and supplies as needed.
- 12. Provide education and supervision for student trainers.
- 13. Cover team practices allowing access to the athletic training room.
- 14. Cover sporting events as scheduled with the athletic director.
- 15. Maintains appropriate certifications and training hours as required.
- 16. Attends work regularly and is punctual.

OUALIFICATIONS/TRAINING/EXPERIENCE

- 1. Possession of a California Teaching Credential in a Health related field or equivalent.
- 2. Meets all mandated health requirements (e.g., a negative tuberculosis test, etc.)
- 3. Documentation of a clear criminal record.
- 4. Complies with drug-free workplace rules and board policies.

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- 5. Successful completion of all pre-requisite training for advisors by the North Monterey County Unified School District.
- 6. Knowledge of universal hygiene precautions.
- 7. Knowledge and training in first aid procedures should be required for handling athletic related injuries.
- 8. Positive leadership ability.
- 9. Determination to develop the best possible educational and co-curricular programs for all students; embracing diversity.
- 10. Oral and written skills.
- 11. Interpersonal skills using tact, patience and courtesy.
- 12. Has substantial knowledge of the technical aspects of the related activity and is willing to examine new theories and procedures important to the field.
- 13. Must possess effective leadership techniques and skills.
- 14. Must possess the ability to establish and maintain effective working relationships with school administrators, parents, and students.
- 15. Valid California Driver's License and a signed DMV pull notice authorization prior to driving a district vehicle.

DESIRABLE QUALIFICATIONS

- 1. Successful (recent) experience in the program in which applying (within last five (5) years).
- 2. Experience working directly with collegiate and/or public school districts.
- 3. Demonstrate experience working with students in a positive environment.
- 4. Maintains appropriate certifications and training hours as required.
- 5. Demonstrates professionalism and contributes to a positive work environment.
- 6. Organizes tasks and manages time effectively.
- 7. Skillfully manages individual, group, and organizational interactions.
- 8. Effectively uses verbal, nonverbal, writing, and listening skills.
- 9. Averts problem situations and intervenes to resolve conflicts.
- 10. Exhibits consistency, resourcefulness, and resilience.
- 11. Exercises self-control and perseverance when dealing with students.
- 12. Maintains an acceptable attendance record and is punctual.
- 13. Ability to manage equipment/materials.
- 14. Ability to implement policy and regulations.
- 15. Collaborative and problem solving orientation.

WORKING CONDITIONS

While performing the duties of this job, the employee is regularly required to talk or hear. The employee is frequently required to walk; run; jump; stretch; stand; sit; use hands for fine manipulation, handle or feel and reach with hands and arms. The employee is occasionally required to stoop, kneel, crouch or crawl. The employee must regularly lift and/or move up to 25 pounds and occasionally up to 50 pounds. The employee may occasionally climb stairs, or ladders. Specific vision abilities required by this job include close vision, distance vision, ability to adjust focus and peripheral vision.

The information contained in this job description is for compliance with the Americans with Disabilities Act (A.D.A.) and is not an exhaustive list of duties performed. Individuals holding this position may perform additional duties and additional duties may be assigned.

Board Approved: July 21, 2016

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